

EGO ARCHITECTURE

A Diagnostic Audit for Self-Identity

Protocol 1.0

LOGISTICS

Duration: 90 minutes
Format: 1-on-1 video call
Price: €250

What is the Ego Architecture Audit?

The ego is the system that runs your sense of self. It's made of thought patterns, emotions, behavioral loops, and narrative constructions. The Ego Architecture audit is a 90-minute assessment of how your ego operates.

Left unchecked, the ego creates endless existential searching, chronic disconnection, and the persistent sense that something is wrong. It obscures what you actually want and replaces it with a compulsive need for control and intellectualization.

You may recognize yourself in the desire to finally understand. The yearning for authentic connection. Or the need to finally make your own choices. These desires are not random. They are symptoms of an uncertain identity that wants to be seen.

The goal is clarity: to see your identity and its contradictions for what they are, named precisely and without flinching. For many people, this clarity alone is profoundly valuable. For others, it serves as the foundation for deeper work.

This methodology has been developed over three years of one-on-one work with people experiencing existential questioning, nihilistic thought loops, and identity dissolution.

The 6 Phase Protocol

The audit follows a six-phase structure designed to move from surface narratives to underlying mechanics.

Phase 01: Establishing Ground

We establish a space where social performance serves no function. This phase clarifies boundaries, vulnerabilities, and your specific objectives for the session. We determine what you want from this assessment and agree on how deep we'll go.

Phase 02: Narrative Architecture Mapping

I ask targeted questions about your life history, current situation, and how you contextualize yourself within your environment. We identify the stories you tell about who you are and how you position yourself relative to past events. These narratives function as load-bearing structures of your internal architecture.

Phase 03: Core Driver Isolation

Through direct questioning about values, desires, and behavioral patterns, we identify what actually moves you forward versus what you believe should move you forward. I probe beneath stated motivations to locate the underlying need or fear driving your decisions.

Phase 04: Contradiction Stress Test

I challenge your self-concept by identifying contradictions between your stated beliefs and observable behavior, between your logical claims and actual lived experience. I apply pressure to see which parts of your identity model hold integrity and which collapse under scrutiny. Your responses here reveal more than your answers.

Phase 05: Structured Silence

I guide you into deliberate silence following the challenge phase. We observe what emerges when your mind cannot intellectually justify itself. What arises in this space, or what rushes to fill it, tells us something important.

Phase 06: The Architecture Assessment

I deliver my unfiltered structural analysis: how your ego operates, where the contradictions exist, the source of your internal conflicts. I answer what questions remain. This includes directional clarity about the specific work required, if you choose to pursue it.

WHO THIS IS FOR

Ideal candidates: Rationalists trapped in nihilistic thought loops. People who don't resonate with traditional therapy but reject guru models. Those experiencing dissociation, derealization, or chronic mental burden. Those who have explored altered states and feel lost. Those who want to understand rather than be soothed.

Poor fit: Individuals seeking emotional validation or support. Those wanting strategic life coaching or goal optimization. People unwilling to examine their beliefs under pressure.

BOOK YOUR AUDIT

book.stripe.com/00w5kFale2vge6XcUn0RG0a

I will contact you within 24 hours to schedule.

Any questions before booking? Email me at: kleyko@thekleyko.com

CONTRAINdications

This service is a technical assessment of internal logic and identity structures. It is not clinical psychotherapy or medical treatment. The protocol involves examining beliefs that may produce discomfort. Do not book this audit if you are seeking validation or a safe space. Proceed only if knowing matters more to you than being comforted.

This is not for individuals currently experiencing:

- Active suicidal ideation or self-harm impulses
- Active psychiatric crisis requiring immediate clinical care
- Recent major trauma (within 6 months)

If you are unsure about your psychological readiness, consult a mental health professional before booking.

